

Transition to Adulthood Resource List

Income/Finances

ODSP (Ontario Disability Support Program)

Phone Number: 1-800-561-0369

Website:

www.mcass.gov.on.ca/en/mcass/programs/social/odsp

Ontario Works

Phone Number: 1-855-999-8729

Website:

www.mcass.gov.on.ca/en/mcass/programs/social/ow/

Housing

Renting in Ontario: Your rights

<https://www.ontario.ca/page/renting-ontario-your-rights>

Access to Housing (ATH)

Phone Number: 905-546-2424 ext. 3708

E-mail: ath@hamilton.ca

Housing Help Centre

Phone Number: 905-526-8100

Website: <http://www.housinghelpcentre.ca/>

CityHousing Hamilton

Phone Number: 905-523-8496

City of Hamilton - Housing Services

Phone Number: 905-546-2424

Indwell

Phone Number: 905-529-0454

Website: <https://indwell.ca/>

Mental Health/Addictions

St. Joseph's Developmental Dual Diagnosis Program

Phone Number: 905-522-1155 ext. 36610

Website: <https://www.stjoes.ca/hospital-services/mental-health-addiction-services/mental-health-services/developmental-dual-diagnosis-program>

Youth Wellness Centre

Phone Number: 905.522.1155 ext. 31725

E-mail: YWCintake@stjoes.ca

Alternatives for Youth

Phone Number: (905) 527-4469

E-mail: admin@ay.on.ca

Trustees/Financial Management Services

The Office of the Public Guardian and Trustee (OPGT)

www.attorneygeneral.jus.gov.on.ca/english/family/pgt/

The Salvation Army Hamilton Booth Centre

Phone Number: 905-527-1444

Good Shepherd Trustee/Money Management Coach

Phone Number: 905.528.9109

Employment

The Career Foundation

<https://careerfoundation.com/job-seeker-services/eap/>

ODSP Employment Supports

https://www.mcass.gov.on.ca/en/mcass/programs/social/odsp/employment_support/index.aspx

Path Employment

Phone Number: 905-528-6611

Website: <http://www.pathemployment.com/>

Employment Hamilton

Phone Number: 905-522-4902

Website: <https://employmenthamilton.com/>

T.O.P (The Opportunities Program)- YWCA Hamilton

Phone Number: 365-324-2361

Website: <https://www.ywcahamilton.org/skills-development-and-training/top/>

Crisis

COAST Hamilton: 905-972-8338

Police: 911 or 905-546-4925

Barrett Centre for Mental Health Crisis Support

Phone Number: 1-844-777-3571

Canadian Mental Health Association

Phone Number: 905-521-0090

Mental Health Rights Coalition

Phone Number: 905-545-2525

Hamilton Mental Health Outreach

Phone Number: 905-522-9767

Adult Developmental Services

Developmental Services Ontario

Phone number: 1-877-376-4674

Website:

<https://www.dsontario.ca/agencies/dso-hamilton-niagara>

