

WHAT IS FASD?

FASD is an acronym that stands for Fetal Alcohol Spectrum Disorder. This is a term that is used to describe a range of effects that alcohol consumed in pregnancy has on a developing fetus. Consuming alcohol when pregnant can cause permanent brain damage, along with other physical and developmental conditions.

Often, people living with FASD do not get a proper diagnosis. People that have FASD can suffer several secondary side effects as a result of living with unsupported alcohol-related brain damage. This situation can create a life of extreme vulnerability such as chronic homelessness, incarceration, living in dangerous situations.

Although FASD is 100% preventable, only 50% of pregnancies are planned and many people use alcohol recreationally. FASD is a global epidemic that is widely invisible and misunderstood in many situations.



FASD ASSESSMENT & DIAGNOSTICS

What we offer:

In partnership with McMaster Children's Hospital, we provide comprehensive FASD assessment and diagnostic services for Indigenous children and youth up to 18 years old in Hamilton, Brantford and Niagara.

- Access to a multi-disciplinary team of health professionals consisting of a Nurse Practitioner, Physician, Psychologist, Psychometrist, Developmental Pediatrician, and FASD Coordinator.
- Family-friendly report summarizing outcome of assessment, recommendations for an after care plan, and assistance with referrals to appropriate community programs.

How to make a referral:

- We accept professional and community referrals. Referral forms can be found on our website and submitted by fax or drop-off to a health centre location of your choice. If you would like assistance completing the referral form, please contact our medical reception.



www.aboriginalhealthcentre.com
Brantford: 36 King Street (519) 752-4340 Ext. 355 Fax: 519-752-6096
Hamilton: 678 Main Street East (905) 544-4320 Ext. 246 Fax: 905-544-4247